

Today's Parenting Challenges: Sexuality and Gender Journeying with Teenagers

Your notes



Living Out

Turn over for recommended resources.

Recommended resources

For parents

Axis, *A Parent's Guide to LGBTQ+ and Your Teen* (Tyndale House Publishers, 2023) – Available for free at: axis.org/resource/a-parent-guide-to-lgbtq-your-teen

Julia Sadusky, *Talking with Your Teen about Sex: A Practical Guide for Catholics* (Ave Maria Press, 2024) – Aimed at Catholic readers but very helpful for any Christian.

Julie Maxwell and Andrew Bunt, 'Gender Identity and Trans Identification - for Parents': livingout.org/resources/articles/108/gender-identity-and-trans-identification-for-parents – A quick guide for parents.

Andrew Bunt, 'Coming Out – Some Advice for Christians': livingout.org/resources/articles/14/coming-out-some-advice-for-christians

For teens

Preston Sprinkle, *Living in a Gray World: A Christian Teen's Guide to Understanding Homosexuality* (Zondervan, 2015)

Rebecca McLaughlin, *10 Questions Every Teen Should Ask (and Answer) About Christianity* (Crossway, 2021)

Kaleidoscope – A youth group series on sexuality, gender and faith produced by Living Out. Releases November 2024 at livingout.org.

On sexuality and gender

Sam Allberry, *Is God Anti-Gay?: And Other Questions About Jesus, the Bible, and Same-Sex Sexuality* (The Good Book Company, 2023)

Ed Shaw, *Purposeful Sexuality: A Short Christianity Introduction* (IVP, 2021)

Andrew Bunt, *Finding Your Best Identity: A Short Christian Introduction to Identity, Sexuality and Gender* (IVP, 2022)

Patricia Weerakoon, *The Gender Revolution: A Biblical, Biological and Compassionate Response* (Matthias Media, 2023)

Andrew Bunt, 'Trans-Identification Amongst Teens' (webinar recording): livingout.org/resources/talks/20/trans-identification-amongst-teens-church-leaders-webinar

Lots of resources at livingout.org