



**Keswick
Ministries**
HEARING BECOMING SERVING

Running the Final Lap

Approaching the finishing line: dying well

John Wyatt: Seminar 4

HOW TO USE THIS RESOURCE

This seminar is the final one in a series of four. You can watch the seminars on your own or with your church, small group, or friends. Alongside these notes, there is a handout to accompany the seminar (<https://tinyurl.com/33ctf24m>). The questions/reflections below may help you discuss and work through how to apply what you've learnt to your own life. Start the video and then pause it when suggested to look at the question(s).

WATCH THE VIDEO:

[Seminar 4:
https://tinyurl.com/3dbhfv6k](https://tinyurl.com/3dbhfv6k)



To watch the video, scan the QR code or go to @KeswickConvention on YouTube and search for John Wyatt

SEMINAR OUTLINE

This seminar looks at the practical issues and spiritual opportunities of dying well. Because Christ died, believers no longer need to fear death. We can 'fall asleep' knowing we will wake up safe in the arms of Jesus.

QUESTIONS

Start the video and pause it at 22:56 minutes (<https://youtu.be/BeX7ojclKDo?t=1376>).

1. Discuss the ways in which death is an 'enemy' but also a 'severe mercy'.
2. If God spares you sudden death and grants you the opportunity to die well, how will you use your time?

Restart video at 22:56 minutes (<https://youtu.be/BeX7ojclKDo?t=1376>) and watch until 37:19 minutes.

3. Based on the 'Ars Moriendi' model, write your own set of 'temptations and challenges that dying may bring'.
4. What are the issues to consider when thinking about the benefits and the burden of medical treatment at the end of life?

Restart video at 37:19 minutes (<https://youtu.be/BeX7ojclKDo?t=2239>) and watch until the end.

5. Look at 1 Thessalonians 4:13-14 and Psalm 17:15. Why is it significant that believers are said to 'fall asleep' rather than die?
6. According to Proverbs 4:18, what hope do Christians have in the face of death?





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REFLECTION/PRAYER

- 'One thing I have learnt is that dying well is rarely a coincidence. Rather it results from choices made throughout life. After all, dying well is nothing more than living well right up till the end' (John Dunlop).
 - Examine your own priorities and behaviour. Are you living well?
- Discuss your concerns, hopes, and preferences for 'end of life' with your family or close friends. Tackle some of the administrative/legal matters mentioned in the seminar such as the 'Lasting Power of Attorney' and 'Advance Statement of Preference'.
- Praise God that Jesus experienced the full awfulness of death so that you don't have to. Thank him for dying so that you can fall asleep. Tonight, rest well, knowing that it is safe for us to sleep because, like Simeon, we have seen God's salvation (Luke 2:29-30).
- If you would like to learn more about this subject read, 'Dying Well' by John Wyatt, 'The Christian Art of Dying; Learning from Jesus' by Allen Verhey, or 'Finishing Well to the Glory of God: Strategies from a Christian Physician' by John Dunlop.

